



Catching Dreams with Pocahontas

A Children's University activity designed by the American Scholars at the Second Air Division Memorial Library in Norwich. This can be completed at home and handed in to any Norfolk Public Library. If you have any questions please phone us on 01603 774747 or email 2admemorial.lib@norfolk.gov.uk.

Project details...

Time for completion:	1 - 1.5 hours
Appropriate for ages:	8 and up
Number of Children's University Credits earned	1 stamp
Proof of Completion (brought to a local library):	Completed Info sheet and Dream Catcher

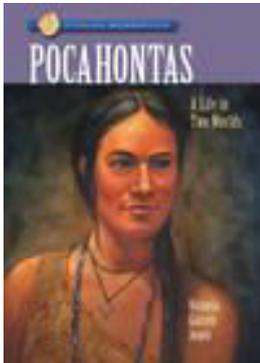
Aims and objectives...

In this activity, you read the history of a real life Native American princess named Pocahontas and make a Native American dream catcher. As you write about Pocahontas, you will learn more about Native Americans, American history, and how America and Norfolk (the county in which you live) are connected. Also, as you make a piece of Native American craft, you will understand more about the art, beliefs and folklore of different cultures.

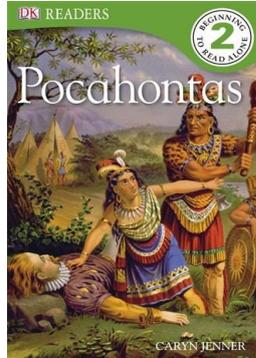
Introduction...

Native Americans were the first people to live in America hundreds of years ago, even before any Europeans arrived. There were over 300 different tribes of Native Americans who spoke over 2,000 different languages. The girl that you will be learning about in this activity was a real life princess and came from the Powhatan tribe that lived in a place that is now part of the state of Virginia, on the east coast of the United States. She was the daughter of a Native American chief, and her name was Pocahontas.

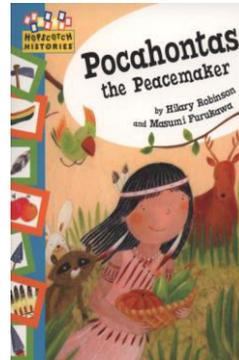
Find out more: Suggested books....



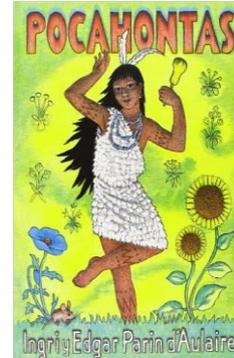
[click here](#)



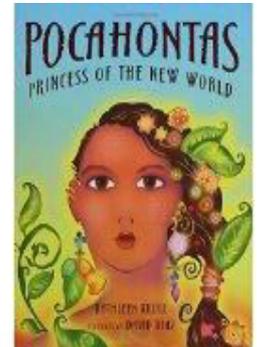
[click here](#)



[click here](#)



[click here](#)



[click here](#)

(Click on the links above for more information on where these books can be found in the library. Remember that books can be reserved online free of charge, and sent to your local Norfolk library for collection.)

Historical Background: The Norfolk Connection....

John Rolfe and Pocahontas:

Norfolk's American Connections website

<http://norfolksamericanconnections.com/people-n-t/john-rolfe>

<https://norfolksamericanconnections.com/people-n-t/pocahontas/>

Pocahontas and Heacham:

Literary Norfolk website

<http://www.literarynorfolk.co.uk/heacham.htm>

BBC Schools website

A simple online learning resource about Pocahontas and "object game"

<http://www.bbc.co.uk/schools/famouspeople/standard/pocahontas/index.shtml>

(Don't forget to ask for permission BEFORE going on line, from a parent or responsible adult)

Making a Native American Dream Catcher...

The Native Americans believed that a dream-catcher could change a person's dreams. It was said that bad dreams would get caught in the net of the dream catcher, while good dreams could pass through, slide down the feathers to the sleeper.

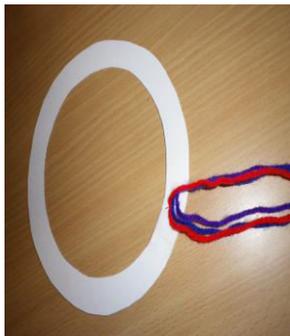


Craft materials required...

- 1 pre-cut cardboard hoop and yarn (see step 1 of the illustrated instructions below). The hoop is made from 1 A4 sheet of thick white card (750 microns thick) using the hoop template provided.
- 1 one-metre strand of wool
- 3 foot-long strands of wool
- 3 large beads
- 3 feathers
- piece of wool to make a loop
- stapler
- scissors (child craft scissors, if available)
- sellotape

Directions...

1) Use the template below to cut out a hoop. Take two pieces of wool and staple them to the hoop. When you are done, it should look like this...



2) Wrap the wool around the hoop. Cover the whole hoop with yarn like this...



3) When your hoop is covered, staple the ends of the wool to the hoop like this...



4) Choose another long piece of wool. Tie one end to the hoop. Wrap it like a spider's web around the outside ...



5) Choose three short segments of wool. Tie a loop of wool around the stems of a three feathers. String a bead over the wool to cover the knot...



6) Finally, tie a loop to the top of your dream-catcher so that you can hang it up in your bedroom!



YOUR NAME _____

Pocahontas: A Real American Princess Information Sheet

Answers to these questions can be found by following the links to the websites above, or by reading any of the suggested books.

1) Where Pocahontas Born?

2) What was the name of her Native American tribe? It is the same name as Pocahontas' father who was the chief of the tribe?

3) What were some of the activities that Pocahontas did in her village as a young girl?

4) What was the name of the name of the Englishman she saved?

5) Pocahontas was called by four names. What was one of the names and what did it mean?

6) What was the name of the man that Pocahontas married?

7) Who did Pocahontas meet when she travelled to London?

Well Done !! Once you have completed this sheet, and made your dream catcher, take them to your local Norfolk library to receive your Children's University credit !

Dreamcatcher Hoop Template

